

**GOVERNMENT OF GOA  
GOA STATE FIRE FORCE TRAINING CENTRE  
DIRECTORATE OF FIRE & EMERGENCY SERVICES  
ST. INEZ, PANAJI, GOA**

**COURSE: ELEMENTARY COURSE IN GENERAL FIRE FIGHTING FOR VOLUNTEERS (HOME GUARDS & CIVIL DEFENCE).**

**COURSE DURATION**

- |  |   |     |                                  |
|--|---|-----|----------------------------------|
| 1. Duration of Course                  | : | 03  | Weeks                            |
| 2. No. of working days available       | : | 15  | (except Sundays, Saturdays & GH) |
| 3. Full working days                   | : | 15  |                                  |
| 4. Nos. of Periods in full working day | : | 08  | (08 x 15 = 120)                  |
| 5. No. of Periods available            | : | 120 |                                  |

**DAILY SCHEDULE**

Duration	Programme	Duration	Programme
08.00 – 08.15	Morning Roll Call	11.50 – 12.35	5 <sup>th</sup> Period
08.15 – 09.00	1 <sup>st</sup> Period	12.35 – 14.30	Lunch Break
09.05 – 09.50	2 <sup>nd</sup> Period	14.30 – 15.15	6 <sup>th</sup> Period
09.50 – 10.10	Tea Break	15.15 – 16.00	7 <sup>th</sup> Period
10.10 – 10.55	3 <sup>rd</sup> Period	16.00 – 16.15	Tea Break
11.00 – 11.45	4 <sup>th</sup> Period	16.15 – 17.00	8 <sup>th</sup> Period

**BLOCK SYLLABUS**

Sr. No.	Subject	Periods to be assigned		
		Theory	Practical	Total
1.	Registration and Inauguration.	03	-	03
2.	General Fire Fighting and Control	27	34	61
3.	Examination	05	03	08
4.	Lathi Drill	-	05	05
5.	Introduction to Medical First Response and its operational aspects.	10	10	20
6.	Introduction to Collapsed Structure Search and Rescue its operational aspects.	09	11	20
7.	Course Review, Feedback & Valedictory	03	-	03
		57	63	120